# Anti-Bullying Policy of Scoil Naomh Fionán

1. In accordance with the requirements of the Education (Welfare) Act 2000 and the code of behaviour guidelines issued by the NEWB, the Board of Management of Scoil Naomh Fionán has **adopted the following anti-bullying policy** within the framework of the school's overall code of behaviour. This policy fully complies with the requirements of the Anti-Bullying Procedures for Primary and Post-Primary Schools which were published in September 2013. It has been regularly reviewed. The latest review took place in Term One 2021/22.

2. The Board of Management recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and is therefore fully committed to the following **key principles of best practice** in preventing and tackling bullying behaviour:

**(a) A positive school culture and climate which**

is welcoming of difference and diversity and is based on inclusivity;
encourages pupils to disclose and discuss incidents of bullying behaviour in a non-threatening environment; and
 promotes respectful relationships across the school community;
See: Appendix 1, Appendix 2, Appendix, 4 and Appendix 5
**(b) Effective leadership**

**(c) A school-wide approach**

**(d) A shared understanding of what bullying is and its impact – Student questionnaires, Agreed Anti – Bullying Code developed by staff and students and reviewed and signed annually.**

**(e) Implementation of education and prevention strategies (including awareness raising measures) that-**

build empathy, respect and resilience in pupils; and explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying;

**(f) Effective supervision and monitoring of pupils**

**(g) Supports for staff**

**(h) Consistent recording, investigation and follow up of bullying behaviour (including use of established intervention strategies); and**

**(i) On-going evaluation of the effectiveness of the anti-bullying policy.**

**(j) Ms Louise Dwyer was appointed as Anti- Bullying Coordinator (ABC) by staff a number of years ago. The role of the co-ordinator is to disseminate info among staff members regarding upcoming Continuous Professional Development and link in with Parent Association re training etc. It was decided during a recent review of the Anti bullying Policy that a second ABC would be appointed. This will ensure continuity if one staff member is on leave etc. These persons are not solely responsible for anti- bullying in the school. It is the responsibility <u>of all of the members in the school community</u> to ensure a school wide approach to prevention of bullying behaviour is in place.**

3. In accordance with the *Anti-Bullying Procedures for Primary and Post-Primary Schools* bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical conducted, by an individual or group against another person (or persons) and which is repeated over time.

The following types of bullying behaviour are included in the definition of bullying:

deliberate exclusion, malicious gossip and other forms of relational bullying,
- cyber-bullying
- identity-based bullying such as homophobic bullying, racist bullying, bullying based on a person's membership of the Traveller community and bullying of those with disabilities or special educational needs.

Isolated or once-off incidents of intentional negative behaviour, including a once-off offensive or hurtful text message or other private messaging, do not fall within the definition of bullying and should be dealt with, as appropriate, in accordance with the school's code of behaviour.

However, in the context of this policy, placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum where that message, image or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour.

**Negative behaviour that does not meet this definition of bullying will be dealt with in accordance with the school's code of behaviour.**

**Examples of bullying behaviours**

| | |
|---|---|
| **General behaviours which apply to all types of bullying** | • Harassment based on any of the nine grounds in the equality legislation e.g. sexual harassment, homophobic bullying, racist bullying etc.<br>• Physical aggression<br>• Damage to property<br>• Name calling<br>• Slagging<br>• The production, display or circulation of written words, pictures or other materials aimed at intimidating another person<br>• Offensive graffiti<br>• Extortion<br>• Intimidation<br>• Insulting or offensive gestures<br>• The "look"<br>• Invasion of personal space<br>• A combination of any of the types listed. |
| **Relational** | This involves manipulating relationships as a means of bullying. Behaviours include:<br>• Malicious gossip<br>• Isolation & exclusion<br>• Ignoring<br>• Excluding from the group<br>• Taking someone's friends away<br>• "Bitching"<br>• Spreading rumours<br>• Breaking confidence<br>• Talking loud enough so that the victim can hear<br>• The "look"<br>• Use or terminology such as 'nerd' in a derogatory way |
| **Cyber** | • **Denigration**: Spreading rumours, lies or gossip to hurt a person's reputation<br>• **Harassment**: Continually sending vicious, mean or disturbing messages to an individual<br>• **Impersonation**: Posting offensive or aggressive messages under another person's name<br>• **Flaming**: Using inflammatory or vulgar words to provoke an online fight<br>• **Trickery**: Fooling someone into sharing personal information which you then post online<br>• **Outing**: Posting or sharing confidential or compromising information or images |

|  |  |
|---|---|
|  | • **Exclusion**: Purposefully excluding someone from an online group<br>• **Cyber stalking**: Ongoing harassment and denigration that causes a person considerable fear for his/her safety<br>• Silent telephone/mobile phone call<br>• Abusive telephone/mobile phone calls<br>• Abusive text messages<br>• Abusive email<br>• Abusive photographs<br>• Abusive communication on social networks e.g. Facebook/Ask.fm/ Twitter/You Tube or on games consoles<br>• Abusive website comments/Blogs/Pictures<br>• Abusive posts on any form of communication technology |
| **Identity Based Behaviours Including any of the nine discriminatory grounds mentioned in Equality Legislation** | • gender including transgender,<br>• civil status,<br>• family status,<br>• sexual orientation,<br>• religion,<br>• age,<br>• disability,<br>• race and membership of the Traveller community). |
| **Homophobic and Transgender** | • Spreading rumours about a person's sexual orientation<br>• Taunting a person of a different sexual orientation<br>• Name calling e.g. Gay, queer, lesbian...used in a derogatory manner<br>• Physical intimidation or attacks<br>• Threats |
| **Race, nationality, ethnic background and membership of the Traveller community** | • Discrimination, prejudice, comments or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background<br>• Exclusion on the basis of any of the above |
| **Sexual** | • Unwelcome or inappropriate sexual comments or touching<br>• Harassment |
| **Special Educational Needs, Disability** | • Name calling<br>• Taunting others because of their disability or learning needs<br>• Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying<br>• Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues.<br>• Mimicking a person's disability<br>• Setting others up for ridicule |

Additional information on different types of bullying is set out in Section 2 of the *Anti-Bullying Procedures for Primary and Post-Primary Schools.*

4. The relevant teacher(s) for investigating and dealing with bullying is (are) as follows:

All class teachers,  Deputy Principal and Principal

**Any teacher may act as a relevant teacher if circumstances warrant it.**

5. The education and prevention strategies (including strategies specifically aimed at cyber- bullying, homophobic and transphobic bullying) that will be used by the school are as follows:

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**School-wide approach**
- A school-wide approach to the fostering of respect for all members of the school community.
- The promotion of the value of diversity to address issues of prejudice and stereotyping, and highlight the unacceptability of bullying behaviour.
- The fostering and enhancing of the self-esteem of all our pupils through both curricular and extracurricular activities. Pupils will be provided with opportunities to develop a positive sense of self-worth through formal and informal interactions.
- Whole staff professional development on bullying to ensure that all staff develops an awareness of what bullying is, how it impacts on pupils' lives and the need to respond to it-prevention and intervention.
- An annual audit of professional development needs with a view to assessing staff requirements through internal staff knowledge/expertise and external sources
- Professional development with specific focus on the training of the relevant teacher(s)
- School wide awareness raising and training on all aspects of bullying, to include pupils, parent(s)/guardian(s) and the wider school community.
- Supervision and monitoring of classrooms, corridors, school grounds, school tours and extra- curricular activities. Non-teaching and ancillary staff will be encouraged to be vigilant and report issues to relevant teachers. Supervision will also apply to monitoring student use of communication technology within the school.
- Involvement of the pupils  in contributing to a safe school environment e.g.  Buddy system, mentoring, playground council,  Lunchtime Pals and other student support activities that can help to support pupils and encourage a culture of peer respect and support. Some of these activities are temporarily suspended due to Covid-19 restrictions in place.

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- Development and promotion of an Anti-Bullying code for the school-to be displayed publicly in classrooms and in common areas of the school. This was done a number of years ago but needs to be refreshed. Children will be involved in the development of this code and an awareness campaign will be run in the school.
- The school's anti-bullying policy is discussed with pupils and all parent(s)/guardian(s)s are given a copy as part of the Code of Behaviour of the school (every year). This will be done in an age appropriate way at each class level.
- The implementation of regular (e.g. per year/per term/per month/per week) whole school awareness measures e.g. annual Friendship Week, parent(s)/guardian(s) seminars; annual or term or monthly student surveys; regular school assemblies by principal, deputy principal. Agreed activities attached. This will be reviewed at the start of each year.
- Encourage a culture of telling, with particular emphasis on the importance of bystanders. In that way pupils will gain confidence in 'telling'. This confidence factor is of vital importance. It should be made clear to all pupils that when they report incidents of bullying they are not considered to be telling tales but are behaving responsibly.
- Ensuring that pupils know who to tell and how to tell, e.g.:
  - Direct approach to teacher at an appropriate time, for example after class.
  - Use Communication Box in older classes.
  - Hand note up with homework.
  - Make a phone call to the school or to a trusted teacher in the school.
  - Anti-bully or Problem box?
  - Get a parent(s)/guardian(s) or friend to tell on your behalf.
  - Ensure bystanders understand the importance of telling if they witness or know that bullying is taking place.

- Identify clear protocols to encourage parent(s)/guardian(s) to approach the school if they suspect that their child is being bullied.
- The development of an Acceptable Use Policy in the school to include the necessary steps to ensure that the access to technology within the school is strictly monitored, as is the pupils' use of mobile phones. This policy is reviewed regularly to ensure new opportunities for bullying behaviours are identified and addressed in a timely manner.
- The listing of supports currently being used in the school and the identification of other supports available to the school  - published on website.

**Implementation of curricula**
- The full implementation of the SPHE curricula and the RSE and Stay Safe Programmes.
- Continuous Professional Development for staff in delivering these programmes. Staff members have signed up for upcoming workshops and will continue to look out for CPD in this area..
- School wide delivery of lessons on bullying from evidence based programmes, e.g. Stay Safe Programme, This is due to take place in term two.
- Delivery of the Garda SPHE Programmes at primary and post- primary level. These lessons, delivered by Community Gardaí, cover issues around personal safety and cyber-bullying. The local Gardaí have been in contact so we will arrange a visit.
- The school will specifically consider the additional needs of SEN pupils with regard to programme implementation and the development of skills and strategies to enable all pupils to respond appropriately. Ongoing engagement with outside agencies eg NCSE, NEPS to ensure we deliver the lessons at an appropriate level.
- The school will implement the advice in "Sexual Orientation advice for schools" (RSE Primary, see booklet). Up to date advice will be sought by school on this area.

**Links to other policies**
- List school policies, practices and activities that are particularly relevant to bullying, e.g. Code of Behaviour, Child Protection Policy, Supervision of pupils, Acceptable Use Policy, Attendance.

6. The school's procedures for investigation, follow-up and recording of bullying behaviour and the established intervention strategies used by the school for dealing with cases of bullying behaviour are as follows (see Section 6.8 of the Anti-Bullying Procedures for Primary and Post-Primary Schools):

**Procedures for Investigating and Dealing with Bullying**

**The primary aim in investigating and dealing with bullying is to resolve any issues and to restore, as far as is practicable, the relationships of the parties involved (rather than to apportion blame);**

**The school's procedures must be consistent with the following approach.**
Every effort will be made to ensure that all involved (including pupils, parent(s)/guardian(s)) understand this approach from the outset.

**Reporting bullying behaviour**

- Any pupil or parent(s)/guardian(s) may bring a bullying incident to any teacher in the school.
- All reports, including anonymous reports of bullying will be investigated and dealt with by the relevant teacher.
- Teaching and non-teaching staff such as secretaries, special needs assistants (SNAs), caretakers, cleaners must report any incidents of bullying behaviour witnessed by them, or mentioned to them, to the relevant teacher;

## Investigating and dealing with incidents: Style of approach)

- In investigating and dealing with bullying, the (relevant)teacher will exercise his/her professional judgement to determine whether bullying has occurred and how best the situation might be resolved;
- Parent(s)/guardian(s) and pupils are required to co-operate with any investigation and assist the school in resolving any issues and restoring, as far as is practicable, the relationships of the parties involved as quickly as possible;
- Teachers should take a calm, unemotional problem-solving approach.
- Where possible incidents should be investigated outside the classroom situation to ensure the privacy of all involved;
- All interviews should be conducted with sensitivity and with due regard to the rights of all pupils concerned. Pupils who are not directly involved can also provide very useful information in this way;
- When analysing incidents of bullying behaviour, the relevant teacher should seek answers to questions of what, where, when, who and why. This should be done in a calm manner, setting an example in dealing effectively with a conflict in a non-aggressive manner;
- If a group is involved, each member should be interviewed individually at first, by two members of the teaching staff as agreed by the principal and relevant teacher(s). Thereafter, all those involved should be met as a group. At the group meeting, each member should be asked for his/her account of what happened to ensure that everyone in the group is clear about each other's statements;
- Each member of a group should be supported through the possible pressures that may face them from the other members of the group after the interview by the teacher;
  It may also be appropriate or helpful to ask those involved to write down their account of the incident(s)
- In cases where it has been determined by the relevant teacher that bullying behaviour has occurred, the parent(s)/guardian(s) of the parties involved should be contacted at an early stage to inform them of the matter and explain the actions being taken (by reference to the school policy). The school should give parent(s)/guardian(s) an opportunity of discussing ways in which they can reinforce or support the actions being taken by the school and the supports provided to the pupils;

- Where the relevant teacher has determined that a pupil has been engaged in bullying behaviour, it should be made clear to him/her how he/she is in breach of the school's anti-bullying policy and efforts should be made to try to get him/her to see the situation from the perspective of the pupil being bullied;
- It must also be made clear to all involved (each set of pupils and parent(s)/guardian(s)) that in any situation where disciplinary sanctions are required, this is a private matter between the pupil being disciplined, his or her parent(s)/guardian(s) and the school;

## Follow up and recording

- In determining whether a bullying case has been adequately and appropriately addressed the relevant teacher must, as part of his/her professional judgement, take the following factors into account:
- Whether the bullying behaviour has ceased;
- Whether any issues between the parties have been resolved as far as is practicable;
- Whether the relationships between the parties have been restored as far as is practicable;
-Any feedback received from the parties involved, their parent(s)/guardian(s)s or the school Principal or Deputy Principal
- Follow-up meetings with the relevant parties involved should be arranged separately with a view to possibly bringing them together at a later date if the pupil who has been bullied is ready and agreeable.
- Where a parent(s)/guardian(s) is not satisfied that the school has dealt with a bullying case in accordance with these procedures, the parent(s)/guardian(s) must be referred, as appropriate, to the school's complaints procedures.
- In the event that a parent(s)/guardian(s) has exhausted the school's complaints procedures and is still not satisfied, the school must advise the parent(s)/guardian(s) of their right to make a complaint to the Ombudsman for Children.

## Recording of bullying behaviour

It is imperative that all recording of bullying incidents must be done in an objective and factual manner.

The school's procedures for noting and reporting bullying behaviour are as follows:

### Informal- pre-determination that bullying has occurred
- All staff must keep a written record of any incidents witnessed by them or notified to them. Consideration needs to be given to where the records will be made e.g. incident book. All incidents must be reported to the relevant teacher

- While all reports, including anonymous reports of bullying must be investigated and dealt with by the relevant teacher, the relevant teacher must keep a written record of the reports, the actions taken and any discussions with those involved regarding same
- The relevant teacher must inform the principal of all incidents being investigated.

### Formal Stage 1-determination that bullying has occurred
- If it is established by the relevant teacher that bullying has occurred, the relevant teacher must keep appropriate written records which will assist his/her efforts to resolve the issues and restore, as far as is practicable, the relationships of the parties involved.
- The school in consultation with the relevant teacher/s should develop a protocol for the storage of all records retained by the relevant teacher.

### Formal Stage 2-Appendix 3 (From DES Procedures)
The relevant teacher must use the recording template at **Appendix 3** to record the bullying behaviour in the following circumstances:

a) in cases where he/she considers that the bullying behaviour has not been adequately and appropriately addressed within 20 school days after he/she has determined that bullying behaviour occurred; and

b) Where the school has decided as part of its anti-bullying policy that in certain circumstances bullying behaviour must be recorded and reported immediately to the Principal or Deputy Principal as applicable.
The school should list behaviours that must be recorded and reported immediately to the principal. These should be in line with the school's code of behaviour.

When the recording template is used, it must be retained by the relevant teacher in question and a copy maintained by the principal. Due consideration needs to be given to where these records are kept, who has access to them, and how long they will be retained. Decisions around record keeping should be noted in this policy. It is recognised as good practice that the template be printed on yellow paper. This makes the document easily identifiable within a child's file and will help ensure it's not accidentally placed in the incorrect place.

### Established intervention strategies
- Teacher interviews with all pupils
- Negotiating agreements between pupils and following these up by monitoring progress. This can be on an informal basis or implemented through a more structured mediation process
- Working with parent(s)/guardian(s)s to support school interventions
- No Blame Approach
- Circle Time

- Restorative interviews
- Restorative conferencing
- Implementing questionnaires

7. The school's programme of support for working with pupils affected by bullying is as follows

- All in-school supports and opportunities will be provided for the pupils affected by bullying to participate in activities designed to raise their self-esteem, to develop friendships and social skills and build resilience e.g.
  - Buddy / Peer mentoring system
  - Group work such as Circle Time
    Some activities have to be adapted due to Covid -19 restrictions.

- Pupils should understand that there are no innocent bystanders and that all incidents of bullying behaviour must be reported to a teacher.

8. Supervision and Monitoring of Pupils
The Board of Management confirms that appropriate supervision and monitoring policies and
Practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible
9. Prevention of Harassment
The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff or the harassment of pupils or staff on any of the nine grounds specified i.e. gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community.

10. This policy was adopted by the Board of Management on _____ [date].

11. This policy has been made available to school personnel, published on the school website (or where none exists, is otherwise readily accessible to parents and pupils on request) and provided to the Parents' Association (where one exists). A copy of this policy will be made available to the Department and the patron if requested.

12. This policy and its implementation will be reviewed by the Board of Management once in every school year. Written notification that the review has been completed will be made available to school personnel, published on the school website (or where none exists, be otherwise readily accessible to parents and pupils on request) and provided to the Parents' Association (where one exists). A record of the review and its outcome will be made available, if requested, to the patron and the Department.


Signed: _____        Signed: _____
(Chairperson of Board of Management)                    (Principal)



Date:                                   Date: _____



Date of next review: _____

# <u>Appendix 1   Table A:   Key elements of a positive school culture and climate</u>

- The school acknowledges the right of each member of the school community to enjoy school in a secure environment.

- The school acknowledges the uniqueness of each individual and his/her worth as a human being.

- The school promotes positive habits of self -respect, self-discipline and responsibility among all its members.

- The school prohibits vulgar, offensive, sectarian or other aggressive behaviour or language by any of its members.

- The school has a clear commitment to promoting equity in general and gender equity in particular in all aspects of its functioning.

- The school has the capacity to change in response to pupils needs.

- The school identifies aspects of curriculum through which positive and lasting influences can be exerted towards forming pupils' attitudes and values.

- The school takes particular care of "at risk" pupils and uses its monitoring systems to facilitate early intervention where necessary and it responds to the needs, fears or anxieties of individual members in a sensitive manner.

- The school recognises the need to work in partnership with and keep parents informed on procedures to improve relationships on a school - wide basis

- The school recognises the role of parents in equipping the pupil with a range of life - skills.

- The school recognises the role of other community agencies in preventing and dealing with bullying.

- The school promotes habits of mutual respect, courtesy and an awareness of the interdependence of people in groups and communities.

- The school promotes qualities of social responsibility, tolerance and understanding among all its members both in school and out of school.

- Staff members share a collegiate responsibility, under the direction of the Principal, to act in preventing bullying/aggressive behaviour by any member of the school community.

# Appendix 2 Practical tips for building a positive school culture and climate

The following are some practical tips for immediate actions that can be taken to help build a positive school culture and climate and to help prevent and tackle bullying behaviour

- Model respectful behaviour to all members of the school community at all times.

- Explicitly teach pupils what respectful language and respectful behaviour looks like, acts like, sounds like and feels like in class and around the school.

- Display key respect messages in classrooms, in assembly areas and around the school. Involve pupils in the development of these messages.

- Catch them being good - notice and acknowledge desired respectful behaviour by providing positive attention.

- Consistently tackle the use of discriminatory and derogatory language in the school – this includes homophobic and racist language and language that is belittling of pupils with a disability or SEN.

- Give constructive feedback to pupils when respectful behaviour and respectful language are absent.

- Have a system of encouragement and rewards to promote desired behaviour and compliance with the school rules and routines.

- Explicitly teach pupils about the appropriate use of social media.

- Positively encourage pupils to comply with the school rules on mobile phone and internet use.

- Follow up and follow through with pupils who ignore the rules.

- Actively involve parents and/or the Parents' Association in awareness raising campaigns around social media.

- Actively promote the right of every member of the school community to be safe and secure in school.

- Highlight and explicitly teach school rules in pupil friendly language in the

Scoil Naomh Fionán na Reanna

classroom and in common areas.

- All staff can actively watch out for signs of bullying behaviour.

- Ensure there is adequate playground/school yard/outdoor supervision.

- School staff can get pupils to help them to identify bullying "hot spots" and "hot times" for bullying in the school.

    o Hot spots tend to be in the playground/school yard/outdoor areas, changing rooms, corridors and other areas of unstructured supervision.

    o Hot times again tend to be times where there is less structured supervision such as when pupils are in the playground/school yard or moving classrooms.

- Support the establishment and work of student councils.

# Appendix 3 Template for recording bullying behaviour

**1. Name of pupil being bullied and class group**

Name
_____Class_____

**2. Name(s) and class(es) of pupil(s) engaged in bullying behaviour**

_____

_____

_____

**3. Source** of bullying concern/report (tick relevant box(es))*

| Pupil concerned | |
|---|---|
| Other Pupil | |
| Parent | |
| Teacher | |
| Other | |

**4. Location** of incidents (tick relevant box(es))*

| Playground | |
|---|---|
| Classroom | |
| Corridor | |
| Toilets | |
| School Bus | |
| Other | |

**5. Name of person(s) who reported** the bullying concern

| |
|---|
| |

**6. Type** of Bullying Behaviour (tick relevant box(es)) *

Scoil Naomh Fionán na Reanna

| Physical Aggression | Cyber-bullying | |
| Damage to Property | Intimidation | |
| Isolation/Exclusion | Malicious Gossip | |
| Name Calling | Other (specify) | |

**7.  Where behaviour is regarded as identity-based bullying, indicate the relevant category:**

| Homophobic | Disability/SEN related | Racist | Membership of Traveller community | Other (specify) |
|---|---|---|---|---|
| | | | | |

**8.  Brief Description of bullying behaviour and its impact**

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|---|
|  |

**9.  Details of  actions taken**

|  |
|---|
|  |

Signed _____ (Relevant Teacher)   Date

_____


Date submitted to Principal/Deputy Principal _____

**\* Note:** The categories listed in the tables 3, 4 & 6 are suggested and schools may add to or amend these to suit their own circumstances.

# Appendix 4 Behaviours to be reported

If any of the behaviours listed below are witnessed they should be reported.

One – off incidents of these behaviours will be treated according to the Code of Benhviour, except in the instance where these behaviours occur online. These instances will be treated as bullying.

Repeated instances of non -online behaviours will be treated as bullying behaviours.

This list is not exhaustive. Other behaviours that hurt people will also be reported

- Harassment based on any of the nine grounds in the equality legislation e.g. sexual harassment, homophobic bullying, racist bullying etc.
- Physical aggression
- Damage to property
- Name calling
- Slagging
- The production, display or circulation of written words, pictures or other materials aimed at intimidating another person
- Offensive graffiti
- Extortion
- Intimidation
- Insulting or offensive gestures
- The "look"
- Invasion of personal space
- Malicious gossip
- Isolation & exclusion
- Ignoring
- Taking someone's friends away
- "Bitching"
- Spreading rumours
- Breaking confidence
- Talking loud enough so that the victim can hear
- The "look"
- Use or terminology such as 'nerd' in a derogatory way
- 
- Discrimination, prejudice, comments or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background
- Exclusion on the basis of any of the above
- Taunting others because of their disability or learning needs
- Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying

- Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues.
- Mimicking a person's disability
- Setting others up for ridicule

# Cyberbullying

- **Denigration**: Spreading rumours, lies or gossip to hurt a person's reputation
- **Harassment**: Continually sending vicious, mean or disturbing messages to an individual
- **Impersonation**: Posting offensive or aggressive messages under another person's name
- **Flaming**: Using inflammatory or vulgar words to provoke an online fight
- **Trickery**: Fooling someone into sharing personal information which you then post online
- **Outing**: Posting or sharing confidential or compromising information or images
- **Exclusion**: Purposefully excluding someone from an online group
- **Cyber stalking**: Ongoing harassment and denigration that causes a person considerable fear for his/her safety
- Silent telephone/mobile phone call
- Abusive telephone/mobile phone calls
- Abusive text messages
- Abusive email
- Abusive photographs
- Abusive communication on social networks e.g. Facebook/Ask.fm/ Twitter/You Tube or on games consoles
- Abusive website comments/Blogs/Pictures
- Abusive posts on any form of communication technology

Scoil Naomh Fionán na Reanna

# Appendix 5 - 2021-2022 School Year

- Staff will read the School Wide Approach in the policy to pupils and ensure they are familiar with it.
- Adaptations will be made to ensure understanding among younger pupils and pupils with additional needs.
- Unfortunately, the peer/ buddy systems we had in place haven been suspended due to Covid -19 restrictions.
- Kindness day 12th November to coincide with World Kindness Day on 13th November (Saturday).
- Friendship Week 8th – 14th April.
- Erect friendship signs in all areas of yard as Buddy Bench is not accessible to all at present.
- Two teachers have signed up for Friends training with NEPS in November and December
- Welcome to Wellbeing programme introduced in Ladybird and Koala Classes.
- Weaving Wellbeing used in older classes.
- Tiger and Lion rooms signed up for A Lust for Life Schools Programme
- My Thoughts About School checklists to be completed by pupils. This is not a one-off activity – it will be done a number of times over the year to help teachers in their planning.
- Advent activities – focus on kindness.
- Internet Safety Day February 8th – apply for resources for this event.
- Teachers who engaged in Internet Safety CPD to share what they learned with the rest of staff at Croke Park meetings.
- Teachers to familiarise themselves with Webwise, My Selfie and Me, All aboard for Digitown and other resources.
- Stay Safe programme to be delivered in Term Two.
- An Antibullying Code will be developed with children. This will be promoted throughout the school community.
- Practices will be reviewed throughout the year.
- A second ABC to be appointed.
- Review Code of Behaviour, Child Protection Policy, Supervision of pupils, Acceptable Use Policy, Attendance Policy
- Staff members have been made aware of Employee Assistance Scheme as this can be a stressful process for all involved.
- ABCs will make staff members aware of any CPD in the area of anti- bullying. They will also liaise with Parent Association re events/ activities to promote positive behaviour amongst whole school community.